

## A TONIC LAXATIVE

Pe-ru-na, an Up-to-Date Family Medicine That Should Be In Every Home



S. B. HARTMAN, M. D.

Nearly everybody is obliged more or less to take a laxative. There are of course a few exceptions. A great many people also need occasionally to take a tonic. Probably few households exist that do not make use of tonics and laxatives.

The remedy Peruna is a laxative tonic. It not only operates as a gentle laxative, but also as a tonic.

The benefit derived from such a remedy is a great deal more in the prevention of disease than in the cure. After a person has really become sick, either with an acute or chronic ailment, the rule should be to employ a physician, or some one who can give the case his personal attention. But long before this happens the person will complain of this or that symptom, which is not severe enough to interfere with his regular activities. If at this place before the di-

sease has really gained a foothold in the system, a person was to take a dose or two of a good tonic laxative the great majority of cases of sickness would be prevented.

Peruna is a remedy that should be kept in the house. Its virtue as a preventive to disease is the thing I wish chiefly to emphasize.

A slight condition of constipation may lead to serious sluggishness of the bowels, biliousness, re-absorption of poisonous material and finally sickness. Or apathy of the stomach in which the food is not relished, may gradually lead to atonic dyspepsia or to the acquisition of some acute disease. For either one of these conditions a few doses of the tonic laxative Peruna would set matters right. This is why the remedy should always be kept handy by.

When once the value of Peruna as a household remedy is understood no home would be without it. Cathartics, pills and powders would be discarded. Irritating tonics would be no longer taken. Alcoholic drinks would have no place. With a few doses of Peruna a vigorous appetite is produced and if there be any sluggishness of the bowels their function is gradually restored.

Most laxatives are weakening in their effect. A tonic laxative guards against this weakening effect. Until right living has become so thoroughly established that all medicines are superfluous, Peruna will be needed. It is exactly the remedy that meets numerous necessities of the household. Sold at all drug stores.

Mr. John B. Perkins, 22 Whiting St., Plymouth, Mass., writes: "I think Peruna is a number one medicine. I was troubled with catarrh and bowel complaint. I tried several doctors, but could only find temporary relief. I took Peruna and am glad to say that it cured my catarrh and corrected my bowels."

Peruna, Man-a-lin and La-cu-pia manufactured by the Peruna Company, Columbus, Ohio. Sold at all drug stores.

**SPECIAL NOTICE:**—Many persons inquire for The Old-time Peruna. They want the Peruna that their Fathers and Mothers used to take. The old Peruna is now called Karmol. If your druggist or dealer does not keep it for sale write the Karmol Company, Columbus, Ohio, and they will tell you all about it.

### EMBARRASSING.



"Well, my little man, do you know what an oath is?"  
"Yes, sir; I was your golf caddy for a whole week last summer."

### Infantile Paralysis.

The horrors of infantile paralysis will not be alleviated by the note of Dr. Simon Flexner and two associates, appearing in the Journal of the American Medical Association, that the healthy parents of patients may be carriers of the disease. Dr. Flexner reports that washings from the nasopharynx of the parents of a child suffering from an acute attack were inoculated on October 28 last in a monkey, the *Macacus cynomolgus*.

Recovery from the anesthetic was prompt and the animal remained well until November 11, when it was noted to be excitable and to drag the right leg. The left leg proved to be weak November 12 the right leg was definitely flaccid.

Two days later portions of the spinal cord and medulla "showed typical lesions of experimental poliomyelitis."

### The Real Villain.

"Are you the villain of this troupe?" asked the baggage man who was handling theatrical trunks. "No," replied the youth with black, curly hair. "I used to be, but the real villain is the treasurer of the company, and by this time he must be about five hundred miles on his way to somewhere west."—Washington Star.

### His Status.

"Is that drugist well thought of in the community?"  
"Sure. Isn't he a pillar of the church?"

### Proved.

"Is that dainty flush on Clara's cheeks her own?"  
"No; she took it out of sister's box."

## CONSTIPATION



Munyon's Paw-Paw Pills are unlike all other laxatives or cathartics. They coax the liver into activity by gentle methods, they do not scour; they do not gripe; they do not weaken; but they do start all the secretions of the liver and stomach in a way that soon puts these organs in a healthy condition and corrects constipation. Munyon's Paw-Paw Pills are a tonic to the stomach, liver and nerves. They invigorate instead of weaken; they enrich the blood instead of impoverishing it; they enable the stomach to get all the nourishment from food that is put into it. Price 25 cents. All Druggists.

### The Man Who Put the Feet in Feet

Look for This Trade-Mark Picture on the Label when buying ALLEN'S FOOT-EASE. The Antiseptic Powder for Tired Feet. Dr. Allen's Foot-Ease. Sold every where. The Genuine. Price, 25c. Address, ALLEN S. OLSTED, Le Roy, N. Y.

**Agents Wanted**—Who know they can sell more of this foot-ease. Send for sample and full particulars. Address, ALLEN S. OLSTED, Le Roy, N. Y.

**WILL SELL OR TRADE FOR NEAR OR** on the label. See the name of Allen's Foot-Ease. Sold every where. The Genuine. Price, 25c. Address, ALLEN S. OLSTED, Le Roy, N. Y.

**PATENTS**—Write to E. Coleman, Washington, D. C., for information. Best results.

## "WHITE WAY" GRAFT

Huge Profits Made in Broadway's Glittering Restaurants.

Revelation of a New York Steward—Asserts Patrons Don't Believe They Are Getting the Best Unless They Are Overcharged.

New York.—Walking up Broadway the other day, my companion pointed to one of the big gaudy restaurants on Long Acre square, wagged his head and said:

"I don't see how those restaurant fellows make any money. Take that place," pointing again—"the rent must be enormous, and think of what he must have to pay for the service, waiters, coat boys and that sort of thing. People say his prices are high, but you can bet they're not high enough to keep him out of deep water."

Foolish friend! His is the popular view of the restaurant business. As a matter of fact, the prices charged by the restaurant he designated are high enough to permit the proprietor to keep two motor cars, which translated into dollars means that his income must be about \$50,000 a year, says a writer. And it is to show how such incomes are possible, how the restauranters manipulate their scales in prices and service that I am writing this article. Were I to tell you my name it would mean nothing to you. Were I to tell you the restaurant whose steward I have been for years you would recognize it instantly.

Broadly, the first of the facts I have to present is that on every dish the successful restaurateur sells he makes a profit of from 75 to 300 per cent.

The second is that the item of service, the common excuse for his high prices, does not cost him one cent. Instead it is a source of revenue.

But before I take up these two broad divisions let us see why it is that such restaurants are possible. As you know, there are more gaudy restaurants in New York than in any other city in the world except Paris. The New York restaurant is decidedly an institution. Its reputation has spread throughout the country, which I believe to be one of the strongest reasons for its success financially.

"In nearly every village, town and city," they declared, "are men and women, especially women, who hope some day to go to New York and among other things to dine in the lobster palaces, where they may watch the crowd, its dress, its actions and manners."

Suppose that the dinner hour is at hand and you go to one of the lobster palaces. Imagine I am beside you dissecting the menu card item by item. Beginning at the top, we see the words hors d'oeuvre, and we learn that for 65 cents we may get a special individual portion.

As steward I know that the dish does not cost 20 cents. My employer sells it for 60, making 300 per cent profit.

And now let me show you how the element of service instead of being an expense that eats up the profits on food is a source of revenue that swells them. Let us begin with the head carriage starter. He opens the door of your cab. At our restaurant he pays the proprietor several hundred dollars a year for the privilege of doing this.

This is an incident that occurred two years after we had opened. One day the representative of a taxicab company came to us and offered to pay a liberal yearly rental if we would give over that section of the street just outside of the restaurant to his taxicabs exclusively. An agreement was reached, so you see we received an income from the street that is supposed to belong to the city and the taxpayer.

The hat and coat and wash rooms are another source of income. About the same time that the deal was made with the taxicab company a man came along with a proposition to pay us \$2,000 a year for our coatroom and washroom privileges.

Two years later we found that the trust was collecting about \$40,000 a year from tips received by its boys. The waiters, contrary to general opinion, do not cost us a penny.

And there it is—the crowd. Listen to what my employer once told me. "Certainly our prices are robbery," he grinned, when I wondered how he dared charge so. "If I didn't charge heavily I wouldn't get the crowd. They'd think I was falling and cutting prices to save myself. They'd quit this place as rats leave a sinking ship."

### MIRACLE CURE IS REPORTED

Kerchief Which Touched the Virgin's Statue Said to Have Healed Paralytic Girl.

Beziers, France.—Great excitement has been caused in the Beziers region by the report of a miracle. A few days ago a woman went to the old cemetery of Beziers to decorate her relatives' graves. She noticed that the stone statue of the Virgin on the mausoleum of the Arnaud Palagnac family was covered with moss, which she cleared away with her handkerchief. On returning home, according to the report, she touched her little paralytic daughter with the handkerchief, and the girl was completely cured.

Large numbers of pilgrims now go every day to the tomb.

### SOME WEATHER CONTRASTS

New York Hears Odd Stories as It Waits for "Much Colder" Predicted.

New York.—"Cattle Freeze to Death in the West," "First Straw Hat Out in New Jersey," "Traffic Blocked by Snow in Chicago," "Tulips Budding Upstate." These were headline contrasts coincident with an official forecast of "much colder" here. With the mercury near 70 it could be much colder without altogether upsetting the phenomenal mildness of the last few days.

## DAUGHTERS OF SECRETARY OF THE NAVY



The Misses Alys and Julia von Meyer, daughters of the secretary of the navy and Mrs. Meyer. The Misses Meyer are thought to be twins because they look so much alike and dress alike, although there is several years difference in their ages. They are very American in nearly everything but dress, and they are European in this, as Europeans think sisters must dress alike.

## MUST KNOW BRANDS

Inspector at Kansas City Is Kept Busy Watching Cattle.

Animals Sent to Market Not Bearing Copyright Mark of the Shipper Are Picked Out and Payment Stopped.

Kansas City.—"Talk about hieroglyphics of the ancient Egyptians, you ought to see the different brands on cattle that come to the Kansas City market," W. L. Calohan, brand inspector for the Cattle Raisers' association of Texas, said.

"All I have to do is to be on the lookout for about 9,000 different brands and know whose brands they are, and when there are as many as 35,000 head of cattle unloaded at the stock yards in a single day things are going some in my department. Of course in the busy season I have assistance. Sometimes there are four inspectors working here for the Texas association."

The Texas Cattle Raisers' association has about 3,000 members, and each of these members has on an average of three different brands. The membership of the association includes cattle raisers of Old Mexico, New Mexico, Oklahoma, Kansas and Arizona.

It has about 40 inspectors of brands in all the markets to which cattle from this territory are shipped as well as on the range. W. L. Calohan is in charge of what is known as the native division, with headquarters here. In Kansas City, Kan., there is another inspector, who is in charge of the quarantine division.

"Our work is to look over all the cattle brought to the Kansas City market," Calohan said. "When we find cattle branded differently from the brand of the shipper, and he can't give a satisfactory explanation, payment on these cattle is stopped. All we have to do is to leave a filled-out form with the commission house handling the cattle and describe the brands of the cattle not belonging to the shipper."

"The commission concern holds out the money for the cattle and sends it to the secretary of the association, E. D. Spiller of Fort Worth, Tex. The association takes out 10 per cent. of the net proceeds of the cattle recovered by the inspectors and sends the balance to the rightful owners."

The extent to which cattle shippers from the southwest make mistakes in brands is shown in Mr. Calohan's books for the last three years. In 1910 he recovered 375 steers for members of his association. In 1911 he found 309 that had strayed from one range to another and were shipped to Kansas City by men who did not own them. Last year he took charge of more than 300. The total value of

the cattle he has recovered in less than three years of the four he has been the association's inspector here is \$49,200.

"No effort is made here to prosecute the men who ship cattle here with brands not their own," Mr. Calohan said. "That is done in the state from where the cattle are shipped."

One of the greatest troubles we have is with cattle that are shipped out of Texas in the spring to be pastured in Oklahoma and Kansas. At that time they have shaggy coats that often hide the brands, and no matter how careful buyers are, they often get a steer with the wrong brand. By the time the animal has been fed for the market he has shed his long coat and often there is the wrong brand to stare the buyer in the face. He is the loser.

Mr. Calohan, who is in charge of the native division here, was born and reared on a Texas ranch. He has been a cowboy from infancy, he declares. He has been an inspector of brands for the Texas association for 21 years, and knows the 9,000 brands of the members of the association just about as well as he knows his A B C's.

### "SAVE THE BIRDS," IS PLEA

John Burroughs and Ernest Thompson-Seton Unite in Appeal to Pupils in U. S.

New York.—John Burroughs and Ernest Thompson-Seton issued a joint appeal to the school children of America in which they say:

"An urgent appeal we make to you in behalf of our native birds, many species of which are in danger of extermination. To you is now given the opportunity to render substantial help toward their preservation. A measure is now before congress, the purpose of which is to place all migratory birds under the protection of the federal government."

"Such a law is greatly needed. If it is not passed our birds will continue to decrease—to the great and everlasting disadvantage and shame of the American people. The destruction of bird life is costing American farmers millions of dollars annually through the constantly increasing devastations of harmful insects upon which the birds feed. But a greater loss their slaughter is bringing to all who love God's great cut-of-doors."

"We therefore appeal to the school children of America to help in this vitally important matter. We ask you to get your parents, teachers and friends to write or telegraph to the congressman of your district and the two senators of your state, now in Washington, urging immediate action upon the pending bird protection bill—that they may understand how deep is the interest in it and how great is the need for it."

Student Refuses Bail. New Haven, Conn.—Edmund R. Pendleton, the Yale student arrested for sending false fire alarms, has rejected offers of friends to put up \$1,000 bail for his release, saying he prefers to remain in jail.

Says Wealthy Are Childless. Boston.—Three-fourths of Boston's wealthiest families are childless, according to statistics gathered by Rev. Dr. Austin Kennedy De Blois of the First Baptist church.

For Coupons Out of the Duke's Mixture Sack

Many men are getting untold pleasure out of the Liggett & Myers Duke's Mixture sack. Each 5c package holds one and a half ounces of choice Virginia and North Carolina leaf—the kind you will like, no matter how you smoke it.

Liggett & Myers  
**Duke's Mixture**

Duke's Mixture, made by the Liggett & Myers Tobacco Co. at Durham, N. C., is everywhere a favorite with smokers who want the true taste of pure, mild, selected tobacco.

We're making this brand the leader of its kind. Pay what you will, you cannot get better granulated tobacco than Duke's Mixture.

You still get the same big one and a half ounce sack for 5c, and with each sack you now get a present coupon, FREE.

Save the Present Coupons

With the coupons you can get many handsome, desirable presents—articles suitable for men, women, boys and girls. Something for every member of the household.

Special offer for February and March only—

Our new illustrated catalogue of presents will be sent Free to anyone who sends us their name and address.

Coupons from Duke's Mixture may be secured with tags from HOSE SHOE, J. I. TINSLEY, NATURAL LEAF, GRANGER, TWIST, coupons from FOLIO ROSES (like tin double coupon), PINK PLUG CUT, PINKMONT CIGARETTES, CIG. CASES, ETTES, and other tags or coupons issued by us.

Address—Premium Dept.  
Liggett & Myers Tobacco Co.  
St. Louis, Mo.

A GROWING BUSINESS BUILT ON A REPUTATION  
**STEELE, SIMAN & COMPANY**  
COMMISSION SELLERS OF HOGS, CATTLE AND SHEEP  
Write us—Thos. J. Steele, Mgr., Sioux City, Ia. Ship us.



Old Saw—it's money makes the mare go.  
Young Buck—And it takes big wads of it to make my automobile go.

### SUFFERED FOR 25 YEARS.

Mr. R. M. Fleenor, R. F. D. 53, Otterbein, Ind., writes: "I had been a sufferer from Kidney Trouble for about 25 years. I finally got so bad that I had to quit work, and doctors failed to do me any good. I kept getting worse all the time, and it at last turned to inflammation of the bladder, and I had given up all hope, when one day I received your little booklet advertising your pills, and I resolved to try them. I did, and took only two boxes, and I am now sound and well. I regard my cure as remarkable. I can recommend Dodd's Kidney Pills to any one who is suffering from Kidney Trouble as I was." Write to Mr. Fleenor at this wonderful remedy.

Dodd's Kidney Pills, 50c per box at your dealer or Dodd's Medicine Co., Buffalo, N. Y. Write for Household Hints, also music of National Anthem (English and German words) and recipes for dainty dishes. All 3 sent free. Adv.

### Good Cause.

"Will you donate something to a good cause?" said the caller, as he laid a paper on the businessman's desk.

"What is it?" asked the businessman.

"One of the tenants in this building killed a book agent this morning," replied the caller, "and we are taking up a subscription to reward him."

"Put me down for \$10,000," replied the businessman.

### Prefers a Big Ton.

Customer—I want a ton of coal.

Dealer—Yes, sir. What size?

Customer—Well, if it's not asking too much, I'd like to have a 2,000-pound ton.

It takes more than a soft answer to turn away the book agent.

### When the Peanuts Ran Out.

For two hours an old back countryman, who had never before seen an elephant, had been standing before a row of them in enrapt silence dealing out peanuts one at a time. When the last was gone and no more forthcoming, Jumbo, the largest elephant, reached over and removed the entertainer's hat from his head to the top of a fence cage nearby.

For the first time in two hours the old man expressed his emotions in words: "You old two-tailed Indian rubber nuisance you!" he exclaimed, indignantly. "If I knew which end your head was on, I'd slap your face."

### Watered Stock.

Two old cronies had been sitting in a cafe on Cortlandt street one Saturday afternoon for several hours and were pretty much the worse for their lengthy tete-a-tete.

"What is your nationality, anyway, Jim?" asked one.

"Well, I'll tell you, Bob. My father came from Glasgow, so you see I'm half Scotch."

"And the other half seltzer, I guess," put in his companion.—Saturday Evening Post.

### Significant.

"Albert, what did your sister say when you told her I was in the parlor waiting?" inquired the hopeful young man.

"Nothin'. But she took a ring off one finger an' put it on another."—Lippincott.

A cloth jacket is warmer than a fur-lined coat, there being less temptation to leave it open.

If we were all as good as we advise others to be, heaven would be right here on earth.

**FOLEY'S HONEY AND TAR COMPOUND**  
STOPS COUGHS - CURES COLDS  
Contains No Opium - Is Safe For Children

## The Army of Constipation

Is Growing Smaller Every Day. CARTER'S LITTLE LIVER PILLS are responsible—they not only give relief—they permanently cure Constipation. Millions use them for Biliousness, Sick Headache, Sallow Skin.

SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.

**CARTER'S LITTLE LIVER PILLS**

Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists.

FOR COUGHS AND COLDS